

# Alley Cat Blues

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**Music:** "Alley Cat Blues (Slowfox 27)" by Diana Frangi  
<https://casa-musica.com/en/single-tracks/35107-alley-cat-blues-slowfox-27.html>

**Video:** <https://www.youtube.com/watch?v=xVysQZVARMw>

**Rhythm & Phase:** Foxtrot, Phase IVb      **Original Time:** 3:24 at 27 MPM

**Footwork:** Opposite (*except where noted*)      **Suggested Tempo:** 45 RPM

**Sequence:** Intro, A, B, Bridge, A, B, Bridge, A, B, Ending

**Released:** July 8, 2022

## Intro (4 measures)

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**1 – 4 Wait ; ; Roll 3, Semi ; Chair & Slip ;**

-- 1–2 {Wait} Wait in OP facing Wall with trail hands joined, ld feet free ; ;

SQQ 3 {Roll 3 Semi} Start solo LF roll fwd L, -, fwd & sd R cont LF roll, fwd & sd L (*Start solo RF roll fwd R, -, fwd & sd L cont RF roll, fwd & sd R*) to SCP fcg LOD ;

SQQ 4 {Chair & Slip} Thru R chkg with flexed knees, -, rcvr L, bk R w/slight rise & LF upper body turn (*W thru L chkg, -, rcvr R, swivel LF on R foot & step fwd L into M*) to CP fcg DLC ;

## Part A (16 measures)

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**1 – 4 Telemark Semi ; In & Out Runs ; ; Feather ;**

SQQ 1 {Telemark Semi} Fwd L comm LF trn, -, sd R w/L sd lead cont LF trn, sd & slightly fwd L (*W bk R comm LF trn pull L heel to R [heel turn], -, chg wgt to L, sd & slightly fwd R*) to SCP fcg DLW ;

SQQ SQQ 2–3 {In & Out Runs} Thru R comm RF trn, -, sd & slightly bk L to CP RLOD, bk R (*W thru L, -, fwd R btwn M's feet trng RF, fwd L*) to BJO fcg RLOD ; Bk L comm RF trn, -, sd & fwd R btwn W's feet cont RF trn, fwd L (*fwd R comm RF trn, -, fwd & sd L cont RF trn, fwd R*) to SCP DLC ;

SQQ 4 {Feather} Fwd R, -, fwd L with left sd lead, fwd R BJO fcg DLC ;

**5 – 8 Reverse Turn ; ; Whisk ; Feather ;**

SQQ SQQ 5–6 {Reverse Turn} Fwd L comm LF trn, -, sd & bk R fc RLOD, bk L (*W bk R comm LF trn pull L heel to R [heel turn], -, chg wgt to L, fwd R*) in CP ; Bk R comm LF trn, -, sd & slightly fwd L, thru R BJO fcg DLW ;

SQQ 7 {Whisk} Fwd L, -, sd & slightly fwd R, xlib (*W xrib*) w/RF upper body trn to SCP DLC ;

SQQ 8 {Feather} Fwd R, -, fwd L with left sd lead, fwd R BJO fcg DLC ;

**9 – 12 Reverse Turn ; ; Three Step ; Half Natural ;**

SQQ SQQ 9–10 {Reverse Turn} Fwd L comm LF trn, -, sd & bk R fc RLOD, bk L (*W bk R comm LF trn pull L heel to R [heel turn], -, chg wgt to L, fwd R*) in CP ; Bk R comm LF trn, -, sd & slightly fwd L, thru R BJO fcg DLW ;

SQQ 11 {Three Step} Fwd L to CP DLW, -, fwd R w/R sd leading, fwd L ;

SQQ 12 {Half Natural} Fwd R comm RF trn, -, sd & slightly bk L to CP RLOD, bk R (*W bk L comm RF trn pull R heel to L [heel turn], -, chg wgt to R, fwd L*) in CP fcg RLOD ;

**13 – 16 Closed Impetus ; Feather Finish ; Telemark Semi ; Chair & Slip [DLW] ;**

SQQ 13 {Closed Impetus} Bk L draw R to L trng RF on L heel, -, cl R to L, bk L (*W fwd R trng RF, -, sd & fwd L, fwd R*) in CP fcg DLW ;

SQQ 14 {Feather Finish} Bk R comm LF trn, -, sd & fwd L, fwd R in BJO DLC ;

SQQ 15 {Telemark Semi} Fwd L comm LF trn, -, sd R w/L sd lead cont LF trn, sd & slightly fwd L (*W bk R comm LF trn pull L heel to R [heel turn], -, chg wgt to L, sd & slightly fwd R*) to SCP fcg DLW ;

SQQ 16 {Chair & Slip} Thru R chkg with flexed knees, -, rcvr L, bk R w/slight rise & LF upper body turn (*W thru L chkg, -, rcvr R, swivel LF on R foot & step fwd L into M*) to CP fcg DLW ;

## Part B (16 measures)

### 1 – 4 Reverse Wave ; ; Back Run 4 ; Closed Impetus ;

- SQQ SQQ 1 – 2 {Reverse Wave} Fwd L comm  $\frac{3}{8}$  LF trn, -, sd & slightly bk R fcg COH, bk L starting slight LF trn (*W bk R comm  $\frac{3}{8}$  LF trn bring L foot to R [heel turn], -, chg wgt to L, fwd R starting slight LF trn*) ; Bk R cont slight LF trn curving to fc RLOD, -, bk L, bk R with upper body LF turn ;
- QQQQ 3 {Back Run 4} Bk L, bk R with right sd lead BJO, bk L, bk R to CP RLOD ;
- SQQ 4 {Closed Impetus} Bk L draw R to L trng RF on L heel, -, cl R to L, bk L (*W fwd R trng RF, -, sd & fwd L, fwd R*) in CP fcg DLW ;

### 5 – 8 Feather Finish ; Turn L & R Chasse ; Quick Weave Ending ; Three Step ;

- SQQ 5 {Feather Finish} Bk R comm LF trn, -, sd & fwd L, fwd R in BJO DLC ;
- SQ&Q 6 {Turn L & R Chasse} Fwd L trng LF blending to CP, -, sd R/cl L, sd R trng to BJO fcg RLOD ;
- QQQQ 7 {Quick Weave Ending} XLIB, trng LF bk R to CP, trng LF sd & fwd L, fwd R BJO DLW (*W XRIF, fwd L to CP trng LF, sd & bk R, bk L BJO DLW*) ;
- SQQ 8 {Three Step} Fwd L to CP DLW, -, fwd R w/R sd leading, fwd L ;

## Bridge (3 measures)

### 1 – 3 Open Natural ; Back Back/Lock Back ; Hesitation Change ;

- SQQ 1 {Open Natural} Fwd R comm RF trn, -, sd & slightly bk L to CP RLOD, bk R (*W bk L comm RF trn pull R heel to L [heel turn], -, chg wgt to R, fwd L*) to BJO fcg RLOD ;
- SQ&Q 2 {Back Back/Lock Back} Bk L in BJO, -, bk R/lk L in frnt of R (*W fwd L/lk R behind L*), bk R BJO fcg RLOD ;
- SS 3 {Hesitation Change} Bk L, -, trng RF sd & fwd R, draw L to R w/no wgt chg to CP fcg DLC ;

## Part A (Repeat)

- 1 – 16 Telemark Semi ; In & Out Runs ; ; Feather ; Reverse Turn ; ; Whisk ; Feather ; Reverse Turn ; ; Three Step ; Half Natural ; Closed Impetus ; Feather Finish ; Telemark Semi ; Chair & Slip [DLW] ;

## Part B (Repeat)

- 1 – 8 Reverse Wave ; ; Back Run 4 ; Closed Impetus ; Feather Finish ; Turn L & R Chasse ; Quick Weave Ending ; Three Step ;

## Bridge (Repeat)

- 1 – 3 Open Natural ; Back Back/Lock Back ; Hesitation Change ;

## Part A (Repeat)

- 1 – 16 Telemark Semi ; In & Out Runs ; ; Feather ; Reverse Turn ; ; Whisk ; Feather ; Reverse Turn ; ; Three Step ; Half Natural ; Closed Impetus ; Feather Finish ; Telemark Semi ; Chair & Slip [DLW] ;

## Part B (Repeat)

- 1 – 8 Reverse Wave ; ; Back Run 4 ; Closed Impetus ; Feather Finish ; Turn L & R Chasse ; Quick Weave Ending ; Three Step ;

## Ending (6 measures)

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- 1 – 4    Open Natural ; Back Back/Lock Back ; Hesitation Change ; Reverse Turn ½ ;**
- SQQ    1    {Open Natural} Fwd R comm RF trn, -, sd & slightly bk L to CP RLOD, bk R (*W bk L comm RF trn pull R heel to L [heel turn], -, chg wgt to R, fwd L*) to BJO fcg RLOD ;
- SQ&Q    2    {Back Back/Lock Back} Bk L in BJO, -, bk R/lk L in frnt of R (*W fwd L/lk R behind L*), bk R BJO fcg RLOD ;
- SS        3    {Hesitation Change} Bk L, -, trng RF sd & fwd R, draw L to R w/no wgt chg to CP fcg DLC ;
- SQQ    4    {Reverse Turn ½} Fwd L comm LF trn, -, sd & bk R fc RLOD, bk L (*W bk R comm LF trn pull L heel to R [heel turn], -, chg wgt to L, fwd R*) in CP fcg RLOD ;
- 5 – 8    Back Side Close ; Side Corte & Hold ;**
- SQQ    5    {Back Side Close} Bk R comm LF trn, -, sd & slightly fwd L, cl R to L in CP fcg Wall;
- S        6    {Side Corte} Sd L w/flexed knee turning to reverse SCP w/R foot pointed side, -, -, - ;

## Head Cues

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### Intro

- 1 – 4    Wait ; ; Roll 3, Semi ; Chair & Slip ;

### Part A

- 1 – 16    Telemark Semi ; In & Out Runs ; ; Feather ; Reverse Turn ; ; Whisk ; Feather ; Reverse Turn ; ;  
Three Step ; Half Natural ; Closed Impetus ; Feather Finish ; Telemark Semi ; Chair & Slip [DLW] ;

### Part B

- 1 – 8    Reverse Wave ; ; Back Run 4 ; Closed Impetus ; Feather Finish ; Turn L & R Chasse ; Quick Weave Ending ;  
Three Step ;

### Bridge

- 1 – 3    Open Natural ; Back Back/Lock Back ; Hesitation Change ;

### Part A

- 1 – 16    Telemark Semi ; In & Out Runs ; ; Feather ; Reverse Turn ; ; Whisk ; Feather ; Reverse Turn ; ;  
Three Step ; Half Natural ; Closed Impetus ; Feather Finish ; Telemark Semi ; Chair & Slip [DLW] ;

### Part B

- 1 – 8    Reverse Wave ; ; Back Run 4 ; Closed Impetus ; Feather Finish ; Turn L & R Chasse ; Quick Weave Ending ;  
Three Step ;

### Bridge

- 1 – 3    Open Natural ; Back Back/Lock Back ; Hesitation Change ;

### Part A

- 1 – 16    Telemark Semi ; In & Out Runs ; ; Feather ; Reverse Turn ; ; Whisk ; Feather ; Reverse Turn ; ;  
Three Step ; Half Natural ; Closed Impetus ; Feather Finish ; Telemark Semi ; Chair & Slip [DLW] ;

### Part B

- 1 – 8    Reverse Wave ; ; Back Run 4 ; Closed Impetus ; Feather Finish ; Turn L & R Chasse ; Quick Weave Ending ;  
Three Step ;

### Ending

- 1 – 6    Open Natural ; Back Back/Lock Back ; Hesitation Change ; Reverse Turn ½ ; Back Side Close ; Side Corte & Hold ;

**Note:**    Dance can be shortened by removing music from 1:45.213 through 2:46.396. This removes the final Bridge, Part A, and Part B sections.